



ROGERS CITY HIGH SCHOOL MENU

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Choice of: Breakfast Pizza, Assorted Fudles, Yogurt, String Cheese, Cinnamon Applesauce, Fresh Fruit & Juice	Choice of: Dutch Waffle, Cheese Omelet, Assorted Cereal Bar, String Cheese, Yogurt, Mixed Fruit Cups & Juice.	Choice of: Breakfast Bagel, Assorted Poptarts, Yogurt, Sting Cheese, Fresh Fruit & Juice	Choice of: Biscuit and Gravy , Cinnamon Roll, String Cheese, Yogurt, Banana, Pear & Juice	Choice of: Breakfast Tomados, Mini Donut Cups, String Cheese, Yogurt, Diced Peaches, Fresh Fruit & Juice
	*Buffalo Chicken Chowder, Tortilla Chips, Mixed Peppers, & Choice of Milk	*Mini Cheese Ravioli, Alfredo Sauce, Steamed Broccoli, Breadstick, Diced Peaches & Choice of Milk	*Polish Dog, Baked Beans, Pineapple Chunks, Ketchup, Mustard, & Choice of Milk	*Philly Steak and Cheese Stuffed Potato, Garlic Breadstick, Salad Bar, Fresh Fruit, & Choice of Milk	*Pizza Bar, Mixed Greens, Fresh Vegetables, Fresh Fruit, Dressing & Choice of Milk

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Choice of: Breakfast Pizza, Assorted Fudles, Yogurt, String Cheese, Cinnamon Applesauce, Fresh Fruit & Juice	Choice of: Dutch Waffle, Cheese Omelet, Assorted Cereal Bar, String Cheese, Yogurt, Mixed Fruit Cups & Juice.	Choice of: Breakfast Bagel, Assorted Poptarts, Yogurt, Sting Cheese, Fresh Fruit & Juice	Choice of: Biscuit and Gravy , Cinnamon Roll, String Cheese, Yogurt, Banana, Pear & Juice	Choice of: Breakfast Tomados, Mini Donut Cups, String Cheese, Yogurt, Diced Peaches, Fresh Fruit & Juice
	*Steak and Cheese Fajitas, Mixed Peppers, Shredded Lettuce, Sour Cream, Salsa, & Choice of Milk	*Chicken and Cheese Crispos, Mexican Rice, Refried Beans, Salsa Cup, Diced Pears, & Choice of Milk	*Mac and Cheese Bites, Marinara Sauce, Green Beans, Strawberry Cup, & Choice of Milk	*Chicken Nuggets, Sweet Potato Fries, BBQ Sauce, Ketchup, Grapes, & Choice of Milk	*Pizza Bar, Mixed Greens, Fresh Vegetables, Fresh Fruit & Choice of Dressing & Milk

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Choice of: Breakfast Pizza, Assorted Fudles, Yogurt, String Cheese, Cinnamon Applesauce, Fresh Fruit & Juice	Choice of: Dutch Waffle, Cheese Omelet, Assorted Cereal Bar, String Cheese, Yogurt, Mixed Fruit Cups & Juice.	Choice of: Breakfast Bagel, Assorted Poptarts, Yogurt, Sting Cheese, Fresh Fruit & Juice	Choice of: Biscuit and Gravy , Cinnamon Roll, String Cheese, Yogurt, Banana, Pear & Juice	Choice of: Breakfast Tomados, Mini Donut Cups, String Cheese, Yogurt, Diced Peaches, Fresh Fruit & Juice
	*Generals Chicken, Brown Rice, Stir Fry Veggies, Pineapple, & Choice of Milk	*Walking Taco, Shredded Lettuce, Mexican Black Beans, Salsa Cup, Orange Smiles, & Choice of Milk	*Fish Sandwich, Onion Rings, Baby Carrots, Grapes, Ketchup, Tartar Sauce, & Choice of Milk	*Ham and Cheese Calzone, Cucumber Slices, Cherry Tomatoes, Diced Peaches, & Choice of Milk	*Pizza Bar, Mixed Greens, Fresh Vegetables, Fresh Fruit, Dressing & Choice of Milk

Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Choice of: Breakfast Pizza, Assorted Fudles, Yogurt, String Cheese, Cinnamon Applesauce, Fresh Fruit & Juice	Choice of: Dutch Waffle, Cheese Omelet, Assorted Cereal Bar, String Cheese, Yogurt, Mixed Fruit Cups & Juice.	Choice of: Breakfast Bagel, Assorted Poptarts, Yogurt, Sting Cheese, Fresh Fruit & Juice	Choice of: Biscuit and Gravy , Cinnamon Roll, String Cheese, Yogurt, Banana, Pear & Juice	Choice of: Breakfast Tomados, Mini Donut Cups, String Cheese, Yogurt, Diced Peaches, Fresh Fruit & Juice
	*Cheese Tortellini, Marinara Sauce, Mixed Greens, Sliced Strawberries, French or Italian Dressing, & Choice of Milk	*Pizza Crunchers, Green Beans, Applesauce, Ranch Cup, & Choice of Milk	*White Bean Chicken Chili, Doritos, Cauliflower Bites, Banana, & Choice of Milk	*Chicken and Vegetable Egg Rolls, Sweet and Sour Sauce, Mixed Vegetables, Fresh Fruit, & Choice of Milk	*Pizza Bar, Mixed Greens, Fresh Vegetables, Fresh Fruit, Dressing, & Choice of Milk

< > December 2025

Su	Mo	Tu	We	Th	Fr	Sa
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

< > January 2026

Su	Mo	Tu	We	Th	Fr	Sa
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

< > February 2026

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
1	2	3	4	5	6	7
8	9	10	11	12	13	14

Pricing:

Milk Only: \$.50
 Adult Breakfast: \$3.12
 Adult Lunch: \$5.32
 Smart Snacks are available for purchase

Grab & Go Lunches:

Salads
 Subs
 Parfaits
 (available while supplies last)

* = Whole Grain ingredients used in this product
 Fresh Vegetables served daily (sometimes right from our school garden!)
 All meals are served with a Choice of Milk
Menu is subject to change without notice

What is a Smart Snack?
 It's where students can purchase healthy snacks after lunch is served.

**FREE
 BREAKFAST AND
 LUNCH**

Additional Options may be: Cheeseburgers, Hamburgers, Regular or Spicy Chicken Sandwiches! (available while supplies last)

Jenna Vekaryasz - Food Service Supervisor
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 Rogers City Area Schools is an Equal Opportunity Provider.