

ROGERS CITY AREA SCHOOLS

SEPTEMBER 2026

ROGERS CITY ELEMENTARY SCHOOL MENU

FREE BREAKFAST & LUNCH		FIRST DAY: TUESDAY, SEPT. 8 - HALF DAY		FRESH VEGETABLES OFFERED DAILY
MONDAY • SEPT. 7	TUESDAY • SEPT. 8	WEDNESDAY • SEPT. 9	THURSDAY • SEPT. 10	FRIDAY • SEPT. 11
NO SCHOOL <i>Labor Day / Before school begins</i>	B: *Cocoa Krispies; string cheese; strawberry-banana applesauce; 100% juice; milk L: *Pepperoni pizza; romaine lettuce; cherry tomatoes; orange smiles; ranch; milk	B: *Blueberry bread; mixed fruit; 100% juice; milk L: *Chicken nuggets; oven-baked fries; grapes; ketchup & BBQ sauce; milk	B: *Donut sticks; applesauce; 100% juice; milk L: *Grilled cheese; tomato soup; watermelon; milk	B: *Honey Bun Grahams; yogurt; Craisins; 100% juice; milk L: *Mini pancakes; sausage links; hash brown patty; apple slices; ketchup & syrup; milk
MONDAY • SEPT. 14	TUESDAY • SEPT. 15	WEDNESDAY • SEPT. 16	THURSDAY • SEPT. 17	FRIDAY • SEPT. 18
B: *Strawberry Pop-Tart; mixed fruit; 100% juice; milk L: *Hamburger/cheeseburger; cucumber slices; baby carrots; diced peaches; ketchup, mustard & mayo; milk	B: *Cinnamon roll; applesauce; 100% juice; milk L: *Spaghetti with meat sauce; broccoli bites; mandarin oranges; milk	B: *Mini donuts; diced pears; 100% juice; milk L: *Walking taco; shredded lettuce; salsa; refried beans; pineapple; milk	B: *Chocolate chip oatmeal bar; diced peaches; 100% juice; milk L: *Chicken tenders; mashed potatoes; corn; apple; BBQ sauce; milk	B: *Cereal kit; apple juice; Craisins; milk L: *Breakfast sandwich (bagel, sausage patty & egg patty); hash brown cubes; apple slices; milk
MONDAY • SEPT. 21	TUESDAY • SEPT. 22	WEDNESDAY • SEPT. 23	THURSDAY • SEPT. 24	FRIDAY • SEPT. 25
B: *Honey Nut Cheerios; yogurt; Craisins; 100% juice; milk L: *Grilled chicken sandwich; watermelon; celery sticks; carrot sticks; ranch & BBQ sauce; milk	B: *Cocoa bread; diced pears; 100% juice; milk L: *Hot dog on a bun; orange smiles; green beans; ketchup & mustard; milk	B: *Donut hole cup; mixed fruit; 100% juice; milk L: *Chicken noodle soup; dinner roll; mixed vegetables; fresh pear; milk	B: *Trix muffin; diced peaches; 100% juice; milk L: *Cheese pizza; romaine lettuce; cucumber slices; grapes; ranch; milk	B: *Nature Valley apple cinnamon bar; applesauce; milk L: *Maple pancake on a stick; hash brown patty; apple slices; syrup & ketchup; milk
MONDAY • SEPT. 28	TUESDAY • SEPT. 29	WEDNESDAY • SEPT. 30		
B: Banana bread; applesauce; 100% juice; milk L: *BBQ pulled pork sandwich; baked beans; carrot sticks; pineapple; milk	B: *Glazed donut; diced apples; 100% juice; milk L: *Cheese Bosco sticks; steamed broccoli bites; marinara; tropical fruit salad; milk	B: *Chocolate chunk banana bar; mixed fruit; 100% juice; milk L: *Taco pizza; shredded lettuce; salsa; Fiesta Mexican beans; grapes; milk		

* Whole-grain ingredients used in starred products. All meals include a choice of milk. Fresh vegetables are offered daily when available. Menu subject to change without notice.

Milk only: \$0.75 | Adult breakfast: \$3.25 | Adult lunch: \$5.50 | Food Service Supervisor: Jenna Vekaryasz • 989.734.9164 • jenna.vekaryasz@rcashurons.org

Meals are planned and served to meet USDA K-5 school meal patterns. Rogers City Area Schools is an Equal Opportunity Provider.