



ROGERS CITY HIGH SCHOOL MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Choice of: Breakfast Pizza, Assorted Muffins, Yogurt, String Cheese, Cinnamon Applesauce, Fresh Fruit & Juice	Choice of: Pancakes, Eggs Bites, Assorted Cereal, String Cheese, Yogurt, Mixed Fruit Cups & Juice.	Choice of: Breakfast Sandwich, Assorted Poptarts, Yogurt, Sting Cheese, Fresh Fruit & Juice	Choice of: Stuffed Hash Brown, Assorted Breakfast Bar's, String Cheese, Yogurt, Banana, Pear & Juice	Choice of: Pancake on a Stick, Assorted Donuts, String Cheese, Yogurt, Diced Peaches, Fresh Fruit & Juice
	*Pulled Pork, Chez-it's, Baked Beans, Grapes & Choice of Milk	*Chicken Fajitas, Mixed Peppers, Mexican Rice, Salsa Cup, Fresh Fruit & Choice of Milk	*Chili Cheese Crispos, Refried Beans, Tortilla Chips, Shredded Lettuce, Diced Pears & Choice of Milk	*Foot Long Hot Dog, Baked Beans, Goldfish Crackers, Fresh Pear & Choice of Milk	*Pizza Bar, Mixed Greens, Fresh Vegetables, Fresh Fruit & Choice of Milk

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2	Choice of: Breakfast Pizza, Assorted Muffins, Yogurt, String Cheese, Cinnamon Applesauce, Fresh Fruit & Juice	Choice of: Pancakes, Eggs Bites, Assorted Cereal, String Cheese, Yogurt, Mixed Fruit Cups & Juice.	Choice of: Breakfast Sandwich, Assorted Poptarts, Yogurt, Sting Cheese, Fresh Fruit & Juice	Choice of: Stuffed Hash Brown, Assorted Breakfast Bar's, String Cheese, Yogurt, Banana, Pear & Juice	Choice of: Pancake on a Stick, Assorted Donuts, String Cheese, Yogurt, Diced Peaches, Fresh Fruit & Juice
	*Pulled Pork, Chez-it's, Baked Beans, Grapes & Choice of Milk	*Chicken Fajitas, Mixed Peppers, Mexican Rice, Salsa Cup, Fresh Fruit & Choice of Milk	*Chili Cheese Crispos, Refried Beans, Tortilla Chips, Shredded Lettuce, Diced Pears & Choice of Milk	*Foot Long Hot Dog, Baked Beans, Goldfish Crackers, Fresh Pear & Choice of Milk	*Pizza Bar, Mixed Greens, Fresh Vegetables, Fresh Fruit & Choice of Milk

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 3	Choice of: Breakfast Pizza, Assorted Muffins, Yogurt, String Cheese, Cinnamon Applesauce, Fresh Fruit & Juice	Choice of: Pancakes, Eggs Bites, Assorted Cereal, String Cheese, Yogurt, Mixed Fruit Cups & Juice.	Choice of: Breakfast Sandwich, Assorted Poptarts, Yogurt, Sting Cheese, Fresh Fruit & Juice	Choice of: Stuffed Hash Brown, Assorted Breakfast Bar's, String Cheese, Yogurt, Banana, Pear & Juice	Choice of: Pancake on a Stick, Assorted Donuts, String Cheese, Yogurt, Diced Peaches, Fresh Fruit & Juice
	*Mini Corn Dogs, Green Beans, Whole Grain Cookies, Diced Peaches & Choice of Milk	*Fish Sticks, Oven Baked Fries, Cucumber Slices, Orange Smiles, Tartar Sauce & Choice of Milk	*Mini Taco, Refried Beans, Shredded Lettuce, Cherry Tomatoes, Diced Peaches & Choice of Milk	*Buffalo Chicken Croissant, Funyuns, Mixed Greens, Baby Carrots, Fresh Fruit & Choice of Milk	*Pizza Bar, Mixed Greens, Fresh Vegetables, Fresh Fruit & Choice of Milk

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 4	Choice of: Breakfast Pizza, Assorted Muffins, Yogurt, String Cheese, Cinnamon Applesauce, Fresh Fruit & Juice	Choice of: Pancakes, Eggs Bites, Assorted Cereal, String Cheese, Yogurt, Mixed Fruit Cups & Juice.	Choice of: Breakfast Sandwich, Assorted Poptarts, Yogurt, Sting Cheese, Fresh Fruit & Juice	Choice of: Stuffed Hash Brown, Assorted Breakfast Bar's, String Cheese, Yogurt, Banana, Pear & Juice	Choice of: Pancake on a Stick, Assorted Donuts, String Cheese, Yogurt, Diced Peaches, Fresh Fruit & Juice
	*Teriyaki Dippers, Brown Rice, Mixed Vegetables, Apple Slices & Choice of Milk	*Chicken Drumstick, Sweet Potato Puffs, Breadstick, Fresh Pear & Choice of Milk	*Spicy Taco Mac and Cheese, Dinner Roll, Fresh Vegetables, Mixed Fruit & Choice of Milk	*Jalapeno Popper Grilled Cheese w/ Sweet Chili Sauce, Oven Baked Fries, Fresh Fruit & Choice of Milk	*Pizza Bar, Mixed Greens, Fresh Vegetables, Fresh Fruit & Choice of Milk

< > March 2026

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	7	8			

Week 1
Week 2
Week 3
Week 4



< > April 2026

Su	Mo	Tu	We	Th	Fr	Sa
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2
3	4	5	6			

Week 1
Week 2
Week 3
Week 4



< > May 2026

Su	Mo	Tu	We	Th	Fr	Sa
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3			

Week 4
Week 1
Week 2
Week 3
Week 4

Status of Built-In Date Picker

Pricing:

Milk Only: \$.50
Adult Breakfast: \$3.12
Adult Lunch: \$5.32
Smart Snacks are available for purchase

**FREE
BREAKFAST AND
LUNCH !!**

Grab & Go Lunches:

Salads
Subs
Parfaits
(available while supplies last)

What is a Smart Snack?
It's where students can purchase healthy snacks after lunch is served.

* = Whole Grain ingredients used in this product
Fresh Vegetables served daily (sometimes right from our school garden!)
All meals are served with a Choice of Milk
Menu is subject to change without notice

Additional Options may be: Cheeseburgers, Hamburgers, Regular or Spicy Chicken Sandwiches! (available while supplies last)